



LOAD DATA

Bullet Brand: Federal®
7MM

Weight / Type: 160gr Fusion®

More reloading data can be found at federalpremium.com

280 REMINGTON Test Firearm: 24" test barrel *note: Compressed

POWDER	OAL (IN)	PRIMER	BRASS	Starting Load		Max Load	
				CHARGE WT (GR)	VELOCITY (FT/SEC)	CHARGE WT (GR)	VELOCITY (FT/SEC)
Alliant Reloder® 26	3.230	Fed 210	Fed	52.6	2548	57.5	2828
Alliant Reloder® 22	3.230	Fed 210	Fed	50.2	2548	55.9	2825
Alliant Reloder® 19	3.230	Fed 210	Fed	50.3	2522	55.8	2805
Alliant Reloder® 23	3.230	Fed 210	Fed	49.1	2584	54.4	2805
Alliant Reloder® 17	3.230	Fed 210	Fed	46.0	2564	51.1	2801
Alliant Power Pro™ 4000-MR	3.230	Fed 210	Fed	48.1	2529	53.5	2794
Alliant Reloder® 16	3.230	Fed 210	Fed	46.4	2552	51.4	2787

7MM REMINGTON MAGNUM Test Firearm: 24" test barrel *note: Compressed

POWDER	OAL (IN)	PRIMER	BRASS	Starting Load		Max Load	
				CHARGE WT (GR)	VELOCITY (FT/SEC)	CHARGE WT (GR)	VELOCITY (FT/SEC)
Alliant Reloder® 33	3.290	Fed 215	Fed	70.7	2731	77.0*	3007
Alliant Reloder® 26	3.290	Fed 215	Fed	61.0	2693	67.4	2966
Alliant Reloder® 22	3.290	Fed 215	Fed	58.6	2670	65.0	2935
Alliant Reloder® 23	3.290	Fed 215	Fed	57.8	2699	64.2	2922

7MM-08 REMINGTON Test Firearm: 24" test barrel *note: Compressed

POWDER	OAL (IN)	PRIMER	BRASS	Starting Load		Max Load	
				CHARGE WT (GR)	VELOCITY (FT/SEC)	CHARGE WT (GR)	VELOCITY (FT/SEC)
Alliant Reloder® 17	2.700	Fed 210	Fed	40.0	2470	44.5*	2736
Alliant Power Pro™ 4000-MR	2.700	Fed 210	Fed	42.5	2486	47.0*	2725
Alliant Power Pro™ 2000-MR	2.700	Fed 210	Fed	39.1	2473	43.3	2716
Alliant Reloder® 16	2.700	Fed 210	Fed	40.5	2462	45.0*	2709
Alliant Reloder® 15	2.700	Fed 210	Fed	35.5	2388	39.5	2608