



**LOAD DATA**  
 Bullet Brand: Federal®  
 7MM

Weight / Type: 175gr Fusion®

More reloading data can be found at [federalpremium.com](http://federalpremium.com)

**7MM REMINGTON MAGNUM** Test Firearm: 24" test barrel \*note: Compressed

POWDER	OAL (IN)	PRIMER	BRASS	Starting Load		Max Load	
				CHARGE WT (GR)	VELOCITY (FT/SEC)	CHARGE WT (GR)	VELOCITY (FT/SEC)
Alliant Reloder® 33	3.290	Fed 215	Fed	68.5	2669	75.8*	2944
Alliant Reloder® 26	3.290	Fed 215	Fed	60.2	2623	66.9	2883
Alliant Reloder® 25	3.290	Fed 215	Fed	61.5	2618	68.0	2867
Alliant Reloder® 22	3.290	Fed 215	Fed	55.0	2483	61.1	2717
Alliant Reloder® 23	3.290	Fed 215	Fed	55.0	2508	61.1	2713

**7MM WINCHESTER SHORT MAGNUM** Test Firearm: 24" test barrel \*note: Compressed

POWDER	OAL (IN)	PRIMER	BRASS	Starting Load		Max Load	
				CHARGE WT (GR)	VELOCITY (FT/SEC)	CHARGE WT (GR)	VELOCITY (FT/SEC)
Alliant Reloder® 26	2.760	Fed 215	Fed	60.9	2666	67.5*	2980
Alliant Reloder® 25	2.760	Fed 215	Fed	62.2	2682	69.2*	2970
Alliant Reloder® 22	2.760	Fed 215	Fed	58.3	2707	64.8*	2942
Alliant Power Pro™ 4000-MR	2.760	Fed 215	Fed	56.0	2679	62.0	2907
Alliant Reloder® 19	2.760	Fed 215	Fed	56.3	2691	62.6	2903
Alliant Reloder® 23	2.760	Fed 215	Fed	56.3	2664	62.3*	2891